



Animal Assisted Activities Program



"For Rusty's patient, it was like watching a child open up the Christmas present she always wanted or a sunrise after a long dark night. "




Judi and Rusty, Pathways Volunteers

"When I take Karma into a facility or a patient's home - it is like a total miracle - people look at her and smile and just to see the look on the patient's and families faces makes it so worth it!"

Donna and Karma, Pathways Volunteers

Are you an animal lover with the heart of a volunteer? Join our Pet Assisted Activities Program!

To determine if Pathways Pet Assisted Activities program is right for you and your pet, ask yourself these questions:

-  Does my pet have the right temperament to work with patients? Is he/she calm, gentle and alert and have a stable temperament?
-  Is my pet able to follow basic commands?
-  Can I invest the time in taking a pet assisted activities training and certification course?






If you are able to answer "yes" to these questions and would like more information about our program, contact:

Shaguna Wilkes, Director of Volunteer Services at 408.773.4362 or email swilkes@pathwayshealth.org / www.pathwayshealth.org

Asha Singh, Volunteer Coordinator, PHS/SPCA at 650/340.7022 ext 370 or email: ASingh@PeninsulaHumaneSociety.org
www.PHS-SPCA.org/involved



How will our patients benefit from your Pet Assisted Activity Visits?

-  Improve self esteem
-  Reduce stress
-  Improve mood
-  Lower blood pressure
-  Increase social interaction and mental stimulation